

The Chimes

September 2018



“We meet people where they are, serve ALL, and live together in Christ’s love.”

From the Curate

You are a Mystic.

A mystic is a person who develops personal practices and disciplines in their daily life that brings them into closer relationship with God. You are a mystic when you pray in church on Sunday and when you converse with God throughout your week. You are a mystic when you stop and reflect on your actions and motives and look for direction from God. You are a mystic when you are aware of the presence of God not only in church, but in a lovely sunrise, in the peaceful process of washing and drying dishes, in the imperfections that are the artistry of all of God's Creation.

Mystics are aware of God's presence and cultivate a life that keeps that awareness top of mind. Each of us, simply by being part of the Christ Cathedral Community, is in our own way, a mystic. We come together in worship, fellowship and formation desiring to be closer to God and to one another. We are each of us mystics.

Howard Thurman describes the work of a mystic as "the removal of all that prevents God from coming to himself in the life of the individual. Whatever there is that blocks this, calls for action."

- What action can you take to remove the blocks between yourself and God?
- What can you build on or what can you start to do that brings you closer to God?
- How can you open yourself to God's working in and around and through you?

There are many ways to begin this exploration. Church Publishing offers us daily meditations in a booklet called *Forward Day by Day*, our prayer book can guide in "praying the hours" or just incorporating prayers into various parts of our day. There are intentional opportunities for quiet contemplation in our nave twice a week. Elsewhere in this *Chimes* are a list of opportunities to experience and explore our faith together and go a little deeper in that journey with God.

I invite you to consider places in your daily life where you might set your intention on God, invite God into your mind and heart and "remove all that prevents God from coming to himself" in you.

Faithfully,
Mother Shay

Vestry Highlights from August

The parking lot is completed, the gazebo and fence have been painted, the choir lights have been installed, and the sprinkler system has been installed. Three of the red doors are done with work on the front door to be completed in the near future. There are new signs out front and in the parking lot. More work will be done with the signs including putting a sign in the north parking lot. Pending projects include: fixing gutters around the building, fixing the gate by the parking lot, and repairing the leak in the kitchen.

The Rev. Bill Wilson met with the vestry and the Long Range Planning Committee, which is composed of Pat Beatty, Barth Crouch, Karma DeForest, Jennifer Higgins, Carolyn Peterson from Incarnation, Sam Piper, and Harry Smith. Rev. Wilson will be meeting with the committee again.

Delegates to Diocesan Convention are Kathleen Malone Crouch, Jennifer Higgins, John Ryberg, and Harvetta Von Fange. Letters will soon be sent out to convention delegates with motel recommendations and a convention schedule. Kathleen, Barth Crouch, Carolyn Peterson, and Randy McIntosh have been working on planning the convention. There will be a dinner Thursday night in the parish hall catered by Daimaru. The convention itself will take place at the Country Club.

Mo. Shay has visited with members of the congregation and came up with a number of ideas for Christian Formation. Information about the Christian Formation groups will be in the Sunday bulletin. Future ideas include a women's retreat in winter and restarting the Foyer groups.

All old chairs have been sold for a total of \$2,870. This will help pay for the repair and reupholstering of choir kneelers and front row kneelers. The cathedral will start to recognize and commission our ministries on Sunday mornings. We will start with the choir this Sunday followed by the acolytes. Twenty-six boys from St. John's have volunteered to be acolytes. The music ministry is growing with 7-10 St. John's boys who will be joining the choir. Also, Matt is hoping to begin a bell choir.



Ministry of Music

Over the years we have had the opportunity to hear hand bells during our worship services. We would like to reintroduce the bells to the church services that will provide us with more ways to enjoy the ministry of music.

The following items that are listed are needed to accommodate the bell choir.

A donation of \$120.00 has been given to start the request. If you are interested in helping with this ministry your contribution will greatly appreciated.

Costs:

Three 6ft. folding tables	\$150.00
Upholstery foam cushion/padding for tables	\$120.00
Fabric to cover the foam padding for the tables	\$100.00
Gloves	\$45.00
Polish/Cleaning Cloths	\$30.00
Music folders for hand bell music	\$129.50
<i>Donation</i>	<i>-\$120.00</i>
Total Needed	\$454.50

Canon Royce Young, *Director of Music and Organist*
Matthew Schwan, *Choir Director*



Thankful and Grateful

Christ Cathedral has a wonderful feeding program that provides a sack lunch to about 600 food insecure people in our community Monday through Friday. This important ministry is made possible by a group of committed volunteers.



Rich Rice
Ann Pearson
Sandy Walston
Barb Short
Norma Richardson
Jack Favre
Linda Favre
John Ryberg
Mallory Humphrey
Melinda Ryberg

Mo. Shay Craig
Cat Thornton
Julia Thornton
Randall Thornton
Michele Penn
John Decker
Lindsey Decker
Kate Hemmer
Cassee Cole
Donald Grunden

If you are interested in helping with this ministry contact Melinda Ryberg at 785-825-9222 or ryberg@st-francis.org

From the Cathedral Office

I personally want to give a big thank you to Linda Favre and Marian Page, who both go above and beyond to help and provide support for the work that goes on in the office. Linda and Marian provide assistance by typing reports, gathering bulletins, and even picking up the recycling on a weekly basis. Thank you!

Mallory Humphrey
Office Manager



Christian Formation Groups

Mondays, Starting September 17th

Prayer and Reflection – 2-2:30pm in the Cathedral, Lead by clergy

Gather for a period of quiet contemplation and reflection on scripture. All are welcome to join in this opportunity to quiet and center themselves at the beginning of every work week.

Thursdays, Starting September 20th

Curate's Study Group – 12pm in the Parish Hall Library

Bring your lunch and join in this discussion. We will look closely at stories of the Bible through the lens of women, reflect on God's work in the lives of female Bible characters and our own experience of God as modern women. We begin at 12pm and formally end at 1pm, but if there are those who wish to linger a little longer, we will continue until 2pm.

Thursdays, Starting September 20th

Book Club – 7-8:30pm, Location Varies, Lead by Mo. Shay Craig

Join in a lively weekly gathering where we get to know one another and our lives together while reading books of all shapes and sizes. We will meet in our homes on a rotating basis beginning at 7pm and ending promptly at 8:30pm. We will kick off the year with *The Book of Joy* by Desmond Tutu and the Dalai Lama. First meeting will be held in the Parish Hall.

Sundays, Starting September 23rd

More or Lessons – 9-9:30am in the Parish Hall Library

Gather with a member of the clergy weekly for a brief discussion of the scripture lessons we will be reading in church. This casual conversation will vary from week to week, but may include a deeper dive into the text, an exploration of the historical context of the scripture or contemporary conversation. Orange and/or Cinnamon Buns from Seraphim Bakery will be provided.

Mondays, Starting October 1st

Episcopal 101 – 7-8pm Weekly in the Parish Hall, Lead by Mo. Shay Craig

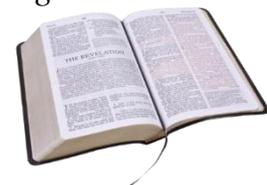
This six-week group will be informal and educational conversations about the Episcopal faith, history, beliefs and more. Wine and cheese will be served.

Thursdays, Starting October 4th

Men's Bible Study 12:00pm (First Thursday monthly in the Parish Hall)

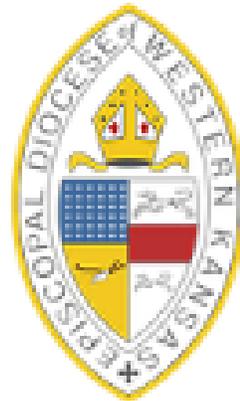
Lead by Fr. David Hodges, Charlie Ault-Duell, & Andy Houlberg

Bring a lunch and join in this one-hour discussion style Bible study. This will offer an opportunity for the men in our congregation, and others, to explore their faith through the study of Holy Scripture.”



Upcoming Events & Announcements

- A Public Service of Healing is held every Wednesday evening at 5:30pm in the St. Mary Chapel of the Cathedral. The service includes Holy Eucharist and a laying on of hands and anointing. Those wishing to have a private time of prayer with a priest are invited to come between 5-5:30pm.
- ECW is going to meet in the Parish Hall for our first luncheon for the fall on October 1st at 11:30am. Rev. Shay will be with us to give us guidance about some new programs that are happening at the church! Lunch will be chef's salad, bread, and dessert for \$6.00! If you have questions, contact Donna Young or Pam Smith.
- Blessing of the Animals is Sunday, October 7th at 2pm in the Cathedral Garden.
- Christ Cathedral and Church of the Incarnation are hosting the Diocesan Convention October 18-20th. Volunteers are needed to help with registration on the 18th from 5-6:30pm, and the 19th from 9-10:30am. We also need volunteers for setup and cleanup for the Thursday evening dinner. If you would be willing to volunteer, please call the office or Kathleen Malone Crouch at (785) 309-0930.



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